


September 2023

CONTACT INFORMATION:

(416) 231-4358

Ext: 37129: Kindree

✉ Groupprogram@Bayshore.ca

CLIENT INFORMATION		
FIRST NAME:	LAST NAME:	
PHONE NUMBER:	EMAIL:	
<i>(Please email form to Groupprogram@Bayshore.ca OR hand into Program Manager)</i>		
Please indicate which days you will be attending NRIO's Seniors Day Program by placing a check mark in the box. Confirmation is required to ensure sufficient supplies. <i>Chargeable late cancellations (less than 24 hours) apply.</i>		
Monday (12-3)	Wednesday (12-3)	Friday (12-3)
September 4 <input type="checkbox"/>	September 6 <input type="checkbox"/>	September 8 <input type="checkbox"/>
September 11 <input type="checkbox"/>	September 13 <input type="checkbox"/>	September 15 <input type="checkbox"/>
September 18 <input type="checkbox"/>	September 20 <input type="checkbox"/>	September 22 <input type="checkbox"/>
September 25 <input type="checkbox"/>	September 27 <input type="checkbox"/>	September 29 <input type="checkbox"/>
IRON CHEF *Registration Required* Learn basic kitchen skills inclusive of safety tips, meal preparation ideas, and experiment with new recipes. Max 4 participants.  Wednesday 6,13, 20,27: 12:00pm-3:00pm		
Outings September 8 (Friday): Marie Curtis Beach September 29 (Friday): Tim Hortons and park walk		
On-Site Programs September 4 (Monday): Bean bag toss September 11 (Monday): Ping pong September 15 (Friday): Travelogue and Taste to Italy September 18(Monday): Jewellery Making September 22 (Friday): Basics of Euchre September 25 (Monday):Ladder Ball		