

A workplace accident left their son with a catastrophic brain injury, NRIO helped rehabilitate him so he could go home



formerly **nrio**

Our son, JC, suffered a catastrophic brain injury as a result of a workplace accident in October, 2015. It was the beginning of a traumatic and difficult journey for him and ourselves, as parents. In his early thirties, it was shocking and so stressful to cope with the situation our son was in ... no mobility on his right side (arm & leg), inability to speak, and unconscious for a good part of those early months. After three operations and 7 months in hospitals, followed by a 10- week rehabilitation program, his recovery was only in its early stages. At that time, our son's mobility was very limited although he was able to use a wheel-chair and his speech was almost incomprehensible.

Luckily, NRIO was recommended to us for follow up. We spoke to Colleen, the director, who was not only supportive & easy to talk to, but experienced and knowledgeable about the path ahead for JC. She clearly described NRIO's approach and predicted prognosis after a stay at NRIO ... accurately as in turns out.

Our son arrived at NRIO's Mississauga residence in July, 2016 in a wheelchair, with extremely limited speech capability and little ability to handle every-day living. A year later, he is walking with a cane or hiking sticks outside, and on his own inside. His ability to speak is impressive ... he can now explain himself and how he feels ... despite the fact that he cannot put names to things or people. And he has gained the ability and confidence to care for his own hygiene needs, do his own laundry and tidying of his room, grocery shopping with assistance and simple food preparation.

In looking back, NRIO was a godsend to our son and to ourselves. After dealing with the trauma of the accident and his long hospital stays, as parents we felt overwhelmed, and lacked the energy, knowledge and skills to deal with all our son's multi-faceted needs. We have found NRIO to be extremely proficient at identifying and providing a myriad of resources necessary to support our son's recovery. Their focus is the client, and they tailor each program to suit the personality and interests of each individual. For example, they increased the number of speech therapy sessions to ensure our son's progress. They also found a woodworking program which our son, a talented tradesman & qualified electrician, truly enjoyed as it made him feel "normal".

One of the key reasons for success in promoting JC's recovery, has been that, in addition to receiving excellent speech, occupational and physio therapy, rehabilitation therapists (RTs) provide follow-up practice and exercises according to the main therapist's instructions, so that down time is limited. In our son's case, he has always been an active person who needs to be busy. In addition, as in a home environment, and of utmost benefit, the RTs actively and personally engage with each client, whether by encouraging activities (walks, games, outings, etc.), talking and/or joking, or by just keeping the client company.

We also so appreciated the support given to us medically, as NRIO staff would attend doctor's appointments with us to outline concerns they had witnessed, or accompany our son to hospital and remain with him for as long as was required when he suffered significant seizures. This was especially appreciated if we were unable to attend. NRIO kept us up to date at those times and provided us with relief knowing our son was being so well cared for.

As our experience at NRIO comes to end, we can only say that we are so grateful to have found them! Their staff has been nothing short of outstanding ... in fact, there are too many to commend individually. Because of NRIO's expertise and caring team, we are bringing JC home in a state that is so totally improved, that it is amazing. We cannot say enough about NRIO's skilled contributions to JC's rehabilitation progress and to our own peace of mind. We have no qualms is saying that NRIO is an incredible organization that is skilled at producing remarkable results, and we highly recommend them to anyone in need of brain rehabilitation. We know there is still a long recovery journey ahead for JC, but, because of NRIO, we have a good base from which to go forward.

We will be forever thankful for NRIO.

Mr. and Mrs. M.

To find out more, contact NRIO at

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Bayshore Therapy & Rehab, a division of Bayshore HealthCare, assists Canadians to achieve maximum function and independence through physiotherapy, occupational therapy, speech-language pathology and rehabilitation services. These services are designed to help people overcome injuries, illnesses and disabilities and are delivered in home, workplace, school or residential settings.