

# August 2019

**CONTACT INFORMATION:**

☎ (416) 231-4358

Ext: 37129: Kindree

✉ nrriogroups@nrrio.ca

**CLIENT INFORMATION**

FIRST NAME:	LAST NAME:
PHONE NUMBER:	EMAIL:


*(Please email form to nrriogroups@nrrio.ca OR hand into Program Manager)*

Please indicate which days you will be attending NRIO's Day Program by placing a check mark in the box. Confirmation is required to ensure sufficient supplies. *Chargeable late cancellations (less than 24 hours) apply.*

Tuesday (12-3)	Thursday (11-3)	Saturday (12-3)
August 6 <input type="checkbox"/>	August 1 <input type="checkbox"/>	August 3 <input type="checkbox"/> <i>(Outing: Humber Bay)</i>
August 13 <input type="checkbox"/>	August 8 <input type="checkbox"/>	August 10 <input type="checkbox"/> <i>(Outing: Bricks in the six)</i>
August 20 <input type="checkbox"/>	August 15 <input type="checkbox"/>	August 17 <input type="checkbox"/> <i>(Outing: Circus)</i>
August 27 <input type="checkbox"/>	August 22 <input type="checkbox"/>	August 24 <input type="checkbox"/> <i>(Outing: CNE)</i>
	August 29 <input type="checkbox"/>	August 31 <input type="checkbox"/> <i>(Outing: First Five Fest)</i>

<b>Stress Management Game/ Activity (Walking)</b>	<b>Tuesday Aug 6th - 12-3:00PM</b> <input type="checkbox"/>
<b>Stress Management Special Guest (Frank)</b>	<b>Tuesday Aug 13th - 12-3:00PM</b> <input type="checkbox"/>
<b>Stress Management Special Guest (Jini)</b>	<b>Tuesday Aug 20th - 12-3:00PM</b> <input type="checkbox"/>
<b>Stress Management Physical Activity (Soccer)</b>	<b>Tuesday Aug 27th - 12-3:00PM</b> <input type="checkbox"/>

**IRON CHEF \*Registration Required\***  
Learn basic kitchen skills inclusive of safety tips, meal preparation ideas, and experiment with new recipes. Max 4 participants.



**Thursday: 12:00pm-3:00pm**

<b>Humber Bay Park</b>	<b>Saturday Aug 3rd - 12-3:00PM</b> <input type="checkbox"/>
<b>Bricks in the Six</b>	<b>Saturday Aug 10th - 12-3:00PM</b> <input type="checkbox"/>
<b>Royal Canadian Family Circus</b>	<b>Saturday Aug 17th - 12-3:00PM</b> <input type="checkbox"/>
<b>First Five Fest</b>	<b>Saturday Aug 31st - 12-3:00PM</b> <input type="checkbox"/>