



# September



Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					<b>1</b> Ca-Rib, Jerk and BBQ Fest Downs view Park 4:00 - 11:00 PM
<b>3</b> 12-1: Music 1-2:30: Community Living Skills (PW) 2:30-3: Discussion/clean <i>BIST Support 6:30-8pm</i>	<b>4</b> Caribbean Tales International Film Festival The Royal Cinema 5:30 PM – 9:00 PM	<b>IRONCHEF 5</b> 12-1230: Prep 1230-2: Cook 2-230: Clean-Up 230-3: Plan next meal	<b>6</b> Movie Nights Downsview Park Football Field 8:00 PM – 11:00 PM	<b>7</b> 12-1230: Travel 1245-2:30: Toronto Dragon Festival 2:30-3: Travel Cost: Free	<b>8</b> Humber by Canoe Etienne Brule Park (Free) 10:00 – 4:00 PM
<b>10</b> DAY PROGRAM IS ON WEDNESDAY DUE TO THE EVENT <i>BIST Men Social Drop In 6:30-8pm</i>	<b>11</b> 12-12:30- Travel 1230-2:30: Community Living Skills (Daily Bread) 2:30-3: Travel	<b>IRONCHEF 12</b> 12-1230: Prep 1230-2: Cook 2-230: Clean-Up 230-3: Plan next meal	<b>13</b> Toronto Ukrainian Festival Bloor West Village 5:00 PM – 7:00 PM	<b>14</b> DAY PROGRAM IS ON SUNDAY DUE TO THE EVENT	<b>15</b> 4:15-5: Travel 5-7:30: TFC Soccer 7:30-8:00 Travel Cost: \$30-35
<b>17</b> 12-1: Music 1-2:30: Community Living Skills (Commute) 2:30-3: Discussion/clean	<b>18</b> Toronto Palestine Film Festival 2019 TIFF Bell Lightbox 7:00 PM – 9:00 PM	<b>IRONCHEF 19</b> 12-1230: Prep 1230-2: Cook 2-230: Clean-Up 230-3: Plan next meal	<b>20</b> Free Concerts at Distillery District Multiple Venues 3:00 PM – 6:00 PM	<b>21</b> 12-12:30: Travel 12:30-2:30: Billiards 2:30-3:00: Travel Cost: \$10	<b>22</b> Live Music Yoga Flow (\$25) Afterglow Studio 7:00 – 9:00 PM
<b>24</b> 12-1: Music 1-2:30: Community Living Skills (Cooking) 2:30-3: Discussion/clean	<b>25</b> Life as We Know It Riverdale Library 6:30 PM – 8:00 PM Cost: Free	<b>IRONCHEF 26</b> 12-1230: Prep 1230-2: Cook 2-230: Clean-Up 230-3: Plan next meal	<b>27</b> Halloween Haunt Canada's Wonderland 7:00 PM – 12:00 AM	<b>28</b> 12-12:30: Travel 12:30-2:30 Wigwam Chi-Chemung (Dance Workshop) 230-3: Travel Cost: Free	<b>29</b> BIST Heroes 5KM Run Wilket Creek Park 10:00– 5:00 PM Cost: \$40 (EarlyBid)