





Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1
					Ca-Rib, Jerk and BBQ
					Fest
					Downs view Park
					4:00 - 11:00 PM
3	4	IRONCHEF 5	6	7	8
12-1: Music	Caribbean Tales	12-1230: Prep	Movie Nights	12-1230: Travel	Humber by Canoe
1-2:30: Community	International Film	1230-2: Cook	Downsview Park	1245-2:30: Toronto	Etienne Brule Park
Living Skills (PW)	Festival	2-230: Clean-Up	Football Field	Dragon Festival	(Free)
2:30-3: Discussion/clean	The Royal Cinema	230-3: Plan next meal	8:00 PM - 11:00 PM	2:30-3: Travel	10:00 – 4:00 PM
BIST Support 6:30-8pm	5:30 PM – 9:00 PM			Cost: Free	
		IRONCHEF ¹²	13	14	15
DAY PROGRAM IS ON WEDNESDAY DUE TO	12-12:30- Travel	12-1230: Prep	Toronto Ukrainian	DAY PROGRAM IS	4:15-5: Travel
THE EVENT	1230-2:30:	1230-2: Cook	Festival	ON SUNDAY DUE	5-7:30: TFC Soccer
BIST Men Social Drop In	Community Living	2-230: Clean-Up	Bloor West Village	TO THE EVENT	7:30-8:00 Travel
6:30-8pm	Skills (Daily Bread)	230-3: Plan next meal	5:00 PM - 7:00 PM		Cost: \$30-35
0.50 0pm	2:30-3: Travel				
17	18	IRONCHEF ¹⁹	20	21	22
12-1: Music	Toronto Palestine Film	12-1230: Prep	Free Concerts at	12-12:30: Travel	Live Music Yoga
1-2:30: Community	Festival 2019	1230-2: Cook	Distillery District	12:30-2:30: Billiards	Flow (\$25)
Living Skills (Commute)	TIFF Bell Lightbox	2-230: Clean-Up	Multiple Venues	2:30-3:00: Travel	Afterglow Studio
2:30-3: Discussion/clean	7:00 PM – 9:00 PM	230-3: Plan next meal	3:00 PM - 6:00 PM	Cost: \$10	7:00 – 9:00 PM
24	25		27	28	29
12-1: Music	Life as We Know It	12-1230: Prep	Halloween Haunt	12-12:30: Travel	BIST Heroes 5KM
1-2:30: Community	Riverdale Library	1230-2: Cook	Canada's	12:30-2:30 Wigwam	Run
Living Skills (Cooking)	6:30 PM – 8:00 PM	2-230: Clean-Up	Wonderland	Chi-Chemung	Wilket Creek Park
2:30-3: Discussion/clean	Cost: Free	230-3: Plan next meal	7:00 PM - 12:00	(Dance Workshop)	10:00– 5:00 PM
			AM	230-3: Travel	Cost: \$40 (EarlyBid)
				Cost: Free	



formerly **nrio**

NRIO'S DAY PROGRAM RUNS <u>TUESDAY</u>, <u>THURSDAY</u>, AND <u>SATURDAY</u>. FOR EVENTS OUTSIDE OF THOSE DAYS, PLEASE GOOGLE OR CONTACT THE COMPANY FOR INFORMATION. FOR BIST EVENTS CALL 647-990-1485 59 Beaver Bend Crescent Etablicoke, Ontario M98 SR2

> T 416.231.4358 1800.561.9158 F 416.231.9982 E info@nrio.ca www.bayshore.ca