



Each week, there are **1,600** new cases of dementia in Canada; **one person every 6 minutes**. That's expected to grow to **7,400** new cases each week by 2050.



Challenging your brain with new activities such as learning to play a new instrument, reading, and doing crosswords may help reduce the risk of dementia.

56,000 Canadians with dementia are being cared for in hospitals.

#18 IF DEMENTIA WERE A COUNTRY, IT WOULD BE THE WORLD'S 18TH LARGEST ECONOMY.

FIGHT

OVER **500,000**

Canadians are living with dementia. That number is expected to almost double in 15 years to almost **1,000,000**.

Dementia can affect **anybody**. Even people in their **30s/40s/50s**

DEMENTIA IS NOT A NORMAL PART OF AGEING.

DEMENTIA

IS THE THIRD LEADING CAUSE OF DEATH IN CANADA.



65%

of people over age 65 diagnosed with dementia are women.

GET PHYSICAL. WALKING, CYCLING, GOING TO THE GYM, DANCING, PRACTICING YOGA, PILATES OR TAI CHI ARE GREAT WAYS TO HELP LOWER YOUR RISK OF DEMENTIA.



50%-70%

Alzheimer's disease is the most common form of dementia, accounting for between **50-70%** of all cases. But there are more than **100** other types of dementia.

\$10.4 BILLION

The annual cost to Canadians to care for those living with dementia.



One in four people over the age of **85** has dementia.

DEMENTIA IS FATAL AND THERE'S NO CURE

1.1 million Canadians are affected directly or indirectly by the disease



INCREASING INVESTMENT IN **RESEARCH** COULD SAVE THE LIVES OF MILLIONS OF CANADIANS.

Dementia is a term used to describe the symptoms of a large group of illnesses which cause a progressive decline in a person's functioning. It is a broad term used to describe a loss of memory, intellect, rationality, social skills and physical functioning.

At Bayshore HealthCare, we are privileged to offer services that help in providing dementia care, information and assistance with your day to day living. We strive to match you with the right caregiver and will develop a care plan with you to ensure you are getting the help you need to live independently.

To find out more, contact Bayshore at

1.877.289.3997
clientservice@bayshore.ca

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