

Canada's Seniors Want to Age at Home

THE NUMBER OF SENIORS IN CANADA IS GROWING

For the first time in Canada, there are now more seniors than children. From 2011 to 2016, Canada registered the largest increase in the proportion of seniors since Confederation – the result of the first baby boomers reaching the age of 65.



1 in 4

Canadians will be over the age of 65 by 2031

Average life expectancy for people who are 65 today



MEN



WOMEN

AGING is the single most common reason for care

The majority of Canada's seniors LIVE AT HOME AND WANT TO STAY THERE



92%



of seniors aged 65 and over live in **private households** (2017)



27%



of seniors receive some form of **care at home**



51%



of care help is for **house cleaning and meal preparation**



56%



of care receivers are **women** aged 65 and over



40%



of care receivers report their health condition as **severe**

Bayshore can help seniors safely age in place.

Bayshore Home Health, a division of Bayshore HealthCare, has been enhancing the quality of life, dignity and independence of Canadians for over 50 years. With a wide range of home and community health care services delivered through more than 70 locations across Canada, we make the process of arranging home care simple by taking care of all the details. Spend quality time with your elderly loved ones and let the experts at Bayshore provide the personalized home care they need.