

August Day Program Calendar

| Tuesday | Wednesday | Thursday | Friday | Saturday | Monday | Community Events |
|---|-----------|--|--------|---|--------|--|
| | | | | 1 12:00 – 12:30 Check-in and current events 12:30 – 3:00 Drive-in Art Gallery | 3 |  <p>We hope everyone is keeping safe and well during this time. In an effort to provide ongoing support, please note that the following Programs are being offered online by BIST. Please contact 647-990-1485 or info@bist.ca if further information or assistance registering is needed. Our info line is also acting as a warm line, if you need assistance with anything, or just want to have a chat, call us at 416-830-1485.</p> |
| 4 12:00 – 12:15 Check-in 12:15 – 1:00 Tie Dye Fun! 1:00 – 2:00 Virtual Trivia 2:00 – 3:00 Art Group with Saba | 5 | 6 IRONCHEF 12-12:30: Prep 12:30-2: Cook 2-2:30: Clean-Up 2:30-3: Plan next meal | 7 | 8 12:00 – 12:30 Check-in and current events 12:30 – 3:00 Backyard Science Experiments | 10 | |
| 11 12:00 – 12:15 Check-in 12:15 – 1:00 Poker Tournament 1:00 – 2:00 Virtual Trivia 2:00 – 3:00 Art Group with Saba | 12 | 13 IRONCHEF 12-12:30: Prep 12:30-2: Cook 2-2:30: Clean-Up 2:30-3: Plan next meal | 14 | 15 12:00 – 12:30 Check-in and current events 12:30 – 3:00 Walk Down Humber Bay Shores | 17 | |
| 18 12:00 – 12:15 Check-in 12:15 – 1:00 Bob Ross Painting Tutorial Fun 1:00 – 2:00 Virtual Trivia 2:00 – 3:00 Art Therapy with Saba | 19 | 20 IRONCHEF 12-12:30: Prep 12:30-2: Cook 2-2:30: Clean-Up 2:30-3: Plan next meal | 21 | 22 12:00 – 12:30 Check-in and current events 12:30 – 3:00 Raspberry/Strawberry Picking | 24 | |
| 25 12:00 – 12:15 Check-in 12:15 – 1:00 Games Tournament (bingo, scrabble, crazy 8's, etc.) 1:00 – 2:00 Virtual Trivia 2:00 – 3:00 Art Group with Saba | 26 | 27 IRONCHEF 12-12:30: Prep 12:30-2: Cook 2-2:30: Clean-Up 2:30-3: Plan next meal | 28 | 29 12:00 – 12:30 Check-in and current events 12:30 – 3:00 Group Brunch at P&M restaurant | 31 | |

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