







Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Community Events
			1 <b>IRONCHEF</b> 12-12:30: Prep 12:30-2: Cook 2:00-2:30: Clean Up 2:30-3:00 Plan next meal	2	3 12:00 – 12:30 Check-in 12:30 – 1:00 Design eggs 1:00-2:00 Paint the eggs	 <b>April 6 Brain Injury Support Group 6:30-8pm</b>
5 <b>Life Skills Week</b> 	6 12:00 – 12:30 Check-in 12:30 – 1:45 Technology Education 1:45-2:00 Kahoot	7	8 <b>IRONCHEF</b> 12-12:30: Prep 12:30-2: Cook 2:00-2:30: Clean Up 2:30-3:00 Plan next meal	9	10 12:00 – 12:30 Check-in 12:30 – 1:00 Intro to beginner coding 1:00-2:00 Coding	<b>April 8 Social Drop In 6:30-8pm</b>
12 <b>Wellness Week</b> 	13 12:00 – 12:30 Check-in 12:30 – 12:45 Guided Meditation 1:00-1:30 Fire Safety 1:30-2:00 Yoga	14	15 <b>IRONCHEF</b> 12-12:30: Prep 12:30-2: Cook 2-2:30: Clean-Up 2:30-3: Plan next meal	16	17 12:00 – 12:30 Check-in 12:30 – 12:45 Guided Meditation 1:00-2:00 Emotional Regulation Activity and reflection	<b>April 12, 19 LGBTQ2S Wrap 12-2pm</b>  <b>April 12 PIA Webinar 6:30-8pm</b>
19 <b>Creative Week</b> 	20 12:00 – 12:30 Check-in 12:30 – 1:00: Horticulture Introduction 1:00-2:00 Indoor planting	21	22 <b>IRONCHEF</b> 12-12:30: Prep 12:30-2: Cook 2-2:30: Clean-Up 2:30-3: Plan next meal	23	24 12:00 – 12:30 Check-in 12:30 – 1:00 Design planters 1:00-2:00 Create the planters	   59 Beaver Bend Crescent Etobicoke, Ontario M9B 5R2 T 416.231.4358 1.800.561.9158 F 416.231.9982 E info@nrio.ca www.bayshore.ca
26 <b>Games Week</b>	27 12:00 – 12:30 Check-in 12:30 – 1:00: Jeopardy 1:00-2:00 Jackbox Games	28	29 <b>IRONCHEF</b> 12-12:30: Prep 12:30-2: Cook 2-2:30: Clean-Up 2:30-3: Plan next meal	30		

## APRIL DAY PROGRAM