

MAY 2021

CONTACT INFORMATION:

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CLIENT INFORMATION

FIRST NAME:

LAST NAME:

PHONE NUMBER:

EMAIL:

(Please email form to nriogroups@nrio.ca OR hand into Program Manager)

Please indicate which days you will be attending NRIO's Day Program by placing a check mark in the box. Confirmation is required to ensure sufficient supplies. *Chargeable late cancellations (less than 24 hours) apply.*

Tuesday (12-2)May 4 May 11 May 18 May 25 **Thursday (12-3)**May 6 May 13 May 20 May 27 **Saturday (12-2)**May 1 May 8 May 15 May 22 May 29 **IRON CHEF *Registration Required***

Learn basic kitchen skills inclusive of safety tips, meal preparation ideas, and experiment with new recipes. Max 4 participants.

**Thursday: 12:00pm-3:00pm** ?**Saturday Outings**

Due to covid 19 there will be no Saturday Outings until further notice. Program will be virtual 12-2.