

# JUNE DAY PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Community Events
 <b>Happy June!</b>	<b>1</b> 12:00 – 12:30 Check-in 12:30 – 1:00: Jeopardy 1:00-2:00 Jackbox Games	<b>2</b>	<b>3</b> 12-12:30: Prep 12:30-2: Cook 2:00-2:30: Clean Up 2:30-3:00 Plan next meal	<b>4</b>	<b>5</b> 12:00 – 12:30 Check-in 12:30 – 1:00 Scattergories/Bingo 1:00-2:00 Virtual Escape Room	 <b>Brain Injury Support Group 6:30-8pm</b>  <b>Social Drop In 6:30-8pm</b>  <b>LGBTQ2S Wrap 12-2pm</b>  <b>PIA Webinar 6:30-8pm</b>   59 Beaver Bend Crescent Etobicoke, Ontario M9B 5R2  T 416.231.4358 1.800.561.9158 F 416.231.9982 E info@nrrio.ca www.bayshore.ca
<b>7</b> <b>Life Skills Week</b> 	<b>8</b> 12:00 – 12:30 Check-in 12:30 – 1:45 Interview Skills/Applying for volunteering/job 1:45-2:00 reflection	<b>9</b>	<b>10</b> 12-12:30: Prep 12:30-2: Cook 2:00-2:30: Clean Up 2:30-3:00 Plan next meal	<b>11</b>	<b>12</b> 12:00 – 12:30 Check-in 12:30 – 1:30 Mock Interviews 1:30-2:00 Reflection	
<b>14</b> <b>Wellness Week</b> 	<b>15</b> 12:00 – 12:30 Check-in 12:30 – 12:45 Guided Meditation 12:45-1:45 “Wellness Wheels” 1:45-2:00 Bingo	<b>16</b>	<b>17</b> 12-12:30: Prep 12:30-2: Cook 2-2:30: Clean-Up 2:30-3: Plan next meal	<b>18</b>	<b>19</b> 12:00 – 12:30 Check-in 12:30 – 12:45 Planning outdoor activities 12:45-1:45 Outdoor Exercise/Games	
<b>21</b> <b>Creative Week</b> 	<b>22</b> 12:00 – 12:30 Check-in 12:30 – 1:30: Summer 2021 Vision Board 1:30-2:00 Share boards	<b>23</b>	<b>24</b> 12-12:30: Prep 12:30-2: Cook 2-2:30: Clean-Up 2:30-3: Plan next meal	<b>25</b>	<b>26</b> 12:00 – 12:30 Check-in 12:30 – 1:30 Empathy Activity 1:30-2:00 Reflection	
<b>28</b> <b>Games Week</b>	<b>29</b> 12:00 – 12:30 Check-in 12:30 – 1:00: Family Feud 1:00-2:00 Virtual Escape Room	<b>30</b>				