

# OCTOBER DAY PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Community Events
<b>Happy Fall!</b> 				1	2 12:00-12:30 Check in & Depart 12:30 – 2:30- Bowling 2:30-3:00- Depart	 <b>LGTBQ2S WRAP 11am-1pm</b> - October 1 <sup>st</sup> - October 8 <sup>th</sup> - October 15 <sup>th</sup>
<b>Health Week</b> 	4 12:00-12:30 Check-in 12:30-1:30 Photography Scavenger Hunt 1:30-2:30 Nature Walk in Community 2:30-3:00 Clean up	5 <b>Music Therapy</b> 5:00-6:00pm	6 <b>BIST RUN/WALK/ROLL</b> 12-12:30: Prep 12:30-2: Cook 2:00-2:30: Clean Up 2:30-3:00 Plan next meal	7 8	9 12:00-12:30 Check-in & Depart 12:30-2:30- Apple Picking 2:30- Depart	<b>Trauma Informed WRAP 11am-1pm</b> - October 4 <sup>th</sup> - October 11 <sup>th</sup> - October 18 <sup>th</sup>
<b>Gratitude Week</b> 	11 12-12:30: Check-in and depart 12:30-2:30: What are you Thankful for? Gratitude Journal 2:30-3:00 Clean up	12 13	14 <b>IRONCHEF</b> 12-12:30: Check-in & Gratitude Journal 12:30-2: Cook 2-3:00: Clean-up & plan meal	15 16	17 12:00-12:30 Check-in & Depart 12:30-2:30- Pumpkin Picking 2:30- Depart	<b>Housing Advocacy 2-4pm</b> - October 6 <sup>th</sup> - October 13 <sup>th</sup> - October 20 <sup>th</sup>
<b>Movie Week</b> 	18 12:00 – 12:30 Check-in & Depart 12:30-2:30- Off to the Movies!! 2:30- Depart	19 20	21 <b>IRONCHEF</b> 12-12:30: Prep 12:30-2: Cook 2-2:30: Clean-Up 2:30-3:00 Plan next meal	22 23	24 12:00 – 12:30: Check-in 12:30 – 2:15- Coffee & Brain Games at E-house 2:15- Walk in Community 2:45 – 3:00- Clean Up	<b>BIAYR Archery -October 5<sup>th</sup></b>  <small>59 Beaver Bend Crescent            Etobicoke, Ontario M9B 5R2            T 416.231.4358            1.800.561.9158            F 416.231.9982            E info@nrrio.ca            www.bayshore.ca</small>
<b>Halloween Week</b> 	25 12:00 – 12:30 Check-in 12:30-1:30- Pumpkin Carving 1:30-2:30- Decorating 2:30-3:00- Clean up	26 27	28 <b>IRONCHEF</b> 12-12:30: Prep 12:30-2: Cook 2-2:30: Clean-Up 2:30-3: Plan next meal	29 30	30 12:00-12:30 Check-in <b>HALLOWEEN</b> at E-house !!	 