









# OCTOBER DAY PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Community Events
					1 12:00-12:30: Check-in and Depart from E-house 1:00-2:30 <b>Pumpkin Picking at Downey's Farm</b> 2:30-3:00 Depart & arrive back at E-house	 <b>BIST</b> Brain Injury Society of Toronto  <b>Exercise Body, Senses and Brain - BIAYR Programming Series</b> Every Friday, 10:30am-12:00pm
3 	4 12:00-12:30 Check-in 12:30-1:00 <b>Pumpkin Carving &amp; Making Decorations</b> 1:00-2:30 <b>Decorating the club house</b> 2:30-3:00 Clean up	5	6 <b>IRONCHEF</b> 12-12:30: <b>Prep</b> 12:30-2:00: <b>Cook</b> 2:00-2:30: <b>Eat!</b> 2:30-3:00 <b>Clean Up &amp; plan next meal</b>	7	8 12:00-12:30: Check-in 1:00-2:00 <b>Making Thanksgiving Cards</b> 2:00-2:30 <b>Completing Spotlight Presentations</b> 2:30-3:00 Clean up	<b>BIAYR Survivor Support Group</b> Saturday, October 8th 10:30am-12:00pm
10 	11 12:00 – 1:00 Check-in & Depart from Ehouse 12:30-3:00 <b>BIAYR Archery in Richmond Hill</b> 3:00 – 4:00 Clean up	12	13 <b>IRONCHEF</b> 12-12:30: <b>Prep</b> 12:30-2:00: <b>Cook</b> 2:00-2:30: <b>Eat!</b> 2:30-3:00 <b>Clean Up &amp; plan next meal</b>	14	15 12:00-12:30 Check-in & Depart 12:30-2:30 <b>Softball Game &amp; BBQ at Connorsvale Park</b> 2:30-3:00 Depart and arrive back at E-house	<b>WRAP Mental Health Support Group (BIST)</b> Wednesday, October 5 <sup>th</sup> , 12th <b>2:00 – 4:00pm</b>
17 	18 12:00-12:30 Check-in 12:30-1:30 <b>Presenting Spotlight Presentations!</b> 1:30-2:30 <b>Painting by Numbers</b> 2:30-3:00 Clean up	19	20 <b>IRONCHEF</b> 12-12:30: <b>Prep</b> 12:30-2:00: <b>Cook</b> 2:00-2:30: <b>Eat!</b> 2:30-3:00 <b>Clean Up &amp; plan next meal</b>	21	22 12:00-12:30 Check-in 12:30-1:30 <b>Photography Walk in Nature – Fall Edition!</b> 1:30-2:30 <b>Making Warm Fall drinks!</b> 2:30-3:00 Clean-up	
24 	25 <b>IRONCHEF</b> 12-12:30: <b>Prep</b> 12:30-2:00: <b>Cook</b> 2:00-2:30: <b>Eat!</b> 2:30-3:00 <b>Clean Up &amp; plan next meal</b>	26	27 12:00 – 1:00 Check-in 12:30-3:00 <b>Halloween Party &amp; Costume Contest!!</b> 3:00 – 4:00 Clean up	28	29 12:00-12:30: Check-in and Depart from E-house 1:00-2:30 <b>Haunted Ghost Walk in Toronto's Distillery District</b> 2:30-3:00 Depart & arrive back at E-house	 <b>Bayshore</b> HealthCare   <b>Integrated</b> Care Solutions