## **DECEBER DAY PROGRAM**

| Monday     | Tuesday  | Wednesday | Thursday  | Friday | Saturday  | Community<br>Events  |
|------------|--|-----------|---|--------|---|--|
|            |  |           | 12-12:30: Prep<br>12:30-2:00: Cook<br>2:00-2:30: Eat!<br>2:30-3:00 Clean Up & plan<br>next meal | 2      | 9:30: Check-in and Depart from E-house 10:00-12:00 Lakeshore Santa Clause Parade! 12:00-12:30 Depart & arrive back at E-house                     | Woman & Brain Injury Support Group Wed., Dec 1 (IN                         |
| 5          | 12:00-12:30 Check-in<br>12:30-1:00 Decorating the<br>Clubhouse<br>1:00-2:30 Making Snow<br>Globes & Ornaments<br>2:30-3:00 Clean up          | 7         | 12-12:30: Prep<br>12:30-2:00: Cook<br>2:00-2:30: Eat!<br>2:30-3:00 Clean Up & plan<br>next meal | 9      | 10<br>12:00-12:30: Check-in and Depart<br>from E-house<br>12:30-2:30 Ceramics Painting at<br>'All Fired Up'!<br>2:30-3:00 Clean up                | PERSON); Wed., Dec 15 (ONLINE) 6:30pm-8:00pm  Brain Injury Support Group   |
| 12         | 12:00 – 12:30 Check-in & Depart from Ehouse 12:30-2:30 GLOW Toronto Christmas Festival & Market! 2:30 – 3:00 Depart & arrive back at E-house | 14        | 15 12-12:30: Prep 12:30-2:00: Cook 2:00-2:30: Eat! 2:30-3:00 Clean Up & plan next meal          | 16     | 12:00-12:30 Check-in<br>12:30-1:00 Learning about<br>other winter holidays<br>1:00-2:30 Making Holiday<br>Cards and Gifts<br>2:30-3:00 Clean up   | Tues., Dec 6<br>(ONLINE);<br>Tues., Dec 20 (IN<br>PERSON)<br>6:30pm-8:00pm |
| 19         | 12-12:30: Prep<br>12:30-2:00: Cook<br>2:00-2:30: Eat!<br>2:30-3:00 Clean Up & plan<br>next meal  | 21        | 12:00 – 12:35 Check-in<br>12:30-2:00 <b>Christmas Party!</b><br>2:00 – 2:00 Clean up            | 23     | 12:00-12:30 Check-in<br>12:30-1:30 Christmas Cookie<br>Decorating!<br>1:30-2:30 Making Warm Winter<br>drinks!<br>2:30-3:00 Clean-up               | BIST Holiday<br>Party!<br>Wed., Dec 21<br>(IN PESON)<br>4:00pm-6:00pm      |
| 2023<br>2) | 12:00-12:30 Check-in<br>12:30-2:30 <b>Scrapbooking!</b><br>2:30-3:00 Clean-up  | 28        | 12-12:30: Prep<br>12:30-2:00: Cook<br>2:00-2:30: Eat!<br>2:30-3:00 Clean Up & plan<br>next meal | 30     | 31<br>12:00-12:30: Check-in<br>12:30-1:30 New Years<br>Resolutions + Reflections on<br>2022<br>1:30-2:30 2023 Vision Boards<br>2:30-3:00 Clean-up | **Bayshore** HealthCare  Integrated Care Solutions                         |