







JANUARY DAY PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Community Events
	<p>3</p> <p>12:00-12:30: Check-in 12:30-1:00 Making Coffee and Hot Chocolate 1:00-2:30 Board Game Cafe 2:30-3:00 Clean-up</p>	<p>4</p>	<p>5</p> <p>IRONCHEF 12-12:30: Check-in 12:30-2:00: Prep & Cook 2:00-2:30: Eat! 2:30-3:00 Clean Up & plan next meal</p>	<p>6</p>	<p>7</p> <p>12:00-12:30 Check-in & Depart 12:30-2:30 Centennial Park Conservatory! 2:30-3:00 Depart and arrive back at E-house</p>	 <p>Women and Brain Injury Support Group (IN PERSON) Thurs, Jan 5th 5:30pm-7:00pm</p>
<p>9</p> 	<p>10</p> <p>12:00-12:30: Check-in 12:30-1:00 Making Personal Calendars 1:00-2:30 Setting Goals for the New Year 2:30-3:00 Clean-up</p>	<p>11</p>	<p>12</p> <p>IRONCHEF 12-12:30: Check-in 12:30-2:00: Prep & Cook 2:00-2:30: Eat! 2:30-3:00 Clean Up & plan next meal</p>	<p>13</p>	<p>14</p> <p>12:00-12:30 Check-in and Depart from E-house 12:30--2:30 Billiards 2:30-3:00 Depart & arrive back at E-house</p>	<p>Community Outing: Royal Ontario Museum Wed, Jan 25th 5:30pm-7:00pm</p>
<p>16</p> 	<p>17</p> <p>12:00 – 12:30 Check-in 12:30-1:30 Learning about Lunar New Year 1:30-2:30 Cookie Decorating 3:00 – 4:00 Clean up</p>	<p>18</p>	<p>19</p> <p>IRONCHEF 12-12:30: Check-in 12:30-2:00: Prep & Cook 2:00-2:30: Eat! 2:30-3:00 Clean Up & plan next meal</p>	<p>20</p>	<p>21</p> <p>12:00-12:30: Check-in 12:30-1:30 Trip to the ROM 2:30-3:00 Clean up</p>	<p>Social Drop-in for Men Living with Brain Injury Thursday, Jan. 19th 6:30pm-8:00pm</p>
<p>23</p> 	<p>24</p> <p>12:00-12:30 Check-in 12:30-1:30 Client Choice – *I clint chosen at random will choose today's activity!* 2:30-3:00 Clean up</p>	<p>25</p>	<p>26</p> <p>IRONCHEF 12-12:30: Check-in 12:30-2:00: Prep & Cook 2:00-2:30: Eat! 2:30-3:00 Clean Up & plan next meal</p>	<p>27</p>	<p>28</p> <p>12:00-12:30 Check-in & Depart 12:30-2:30 Parkview Gallery: Quilted Art Show 2:30-3:00 Depart and arrive back at E-house</p>	
<p>30</p> 	<p>31</p> <p>12:00-12:30 Check-in 12:30-1:00 Puzzle Stations! 2:30-3:00 Clean up</p>		<p>Feb 1</p>	<p>Feb 2</p>	<p>Feb 3</p>	