

FEBRUARY DAY PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Community Events
	<i>Jan 31</i>	1	2 IRONCHEF 12-12:30: Check-in 12:30-2:00: Prep & Cook 2:00-2:30: Eat! 2:30-3:00 Clean Up & plan next meal	3	4 12:00-12:15: Check-in & Depart 12:45-2:30 Winter Chocolate Show! 2:30-3:00 Depart and arrive back at E-house	 Women and Brain Injury Support Group (IN PERSON) Thurs, Feb 2 nd 6:30pm-8:00pm
6	7 12:00-12:30: Check-in & Depart 12:30-2:30 Bowling! 2:30-3:00 Depart and arrive back at E-house	8	9 IRONCHEF 12-12:30: Check-in 12:30-2:00: Prep & Cook 2:00-2:30: Eat! 2:30-3:00 Clean Up & plan next meal	10	11 12:00-12:30 Check-in 12:30--1:00 Short Story Writing 1:00-2:30 Making Wall Décor! 2:30-3:00 Clean up	Community Outing: <i>Gardiner Art Museum</i> Fri, Feb 3 rd 3:00pm-5:00pm
13 	14 12:00 – 12:30 Check-in 12:30-2:30 Making Valentines + other Valentines Crafts! 2:30 – 3:00 Clean up	15	16 IRONCHEF 12-12:30: Check-in 12:30-2:00: Prep & Cook 2:00-2:30: Eat! 2:30-3:00 Clean Up & plan next meal	17	18 12:00-12:30 Check-in and Depart from E-house 12:30--1:30 Unearth Uncover Black Canadian History Art Exhibition 1:30-2:30 Tim Hortons Group Lunch 2:30-3:00 Depart & arrive back at E-house	Social Drop-in for Men Living with Brain Injury (ONLINE) Thurs, Feb. 9th 6:30pm-8:00pm
20 	21 12:00-12:30: Check-in 12:30-1:30 Team Games at the Clubhouse! 2:30-3:00 Clean-up	22	23 IRONCHEF 12-12:30: Check-in 12:30-2:00: Prep & Cook 2:00-2:30: Eat! 2:30-3:00 Clean Up & plan next meal	24	25 12:00-12:30 Check-in & Depart 1:30-3:00 Sledge Hockey Game: Niagara Thunderblades vs Mississauga Cruisers! 3:00-3:30 Depart and arrive back at E-house	
27 	28 12:00-12:30 Check-in 12:30-1:30 Client Choice! – *1 client chosen at random will choose today's activity! * 2:30-3:00 Clean up	<i>March 1</i>	<i>March 2</i>	<i>March 3</i>	<i>March 4</i>	 