



# RECREATIONAL DAY PROGRAM FOR SENIORS

Register today!

## WHO WE ARE

Bayshore Integrated Care Solutions NRIO offers community-minded, progressive rehabilitation that produces real and lasting results. By providing an impeccable level of care and empowering our clients with tools, training, and opportunities, we're able to enhance the quality of life for individuals living with cognitive impairments.

## WHAT WE OFFER

Our Senior's Day Program, directed by an Occupational Therapist is where individuals come to socialize with their peers, get active, and have fun! The program includes cognitive and physical fitness, socialization, cooking, community outings, music, art, and personalized programming.



### WHERE?

59 Beaver Bend Crescent, Etobicoke



### WHEN?

Monday, Wednesdays Fridays 12-3pm




### COST?

\$80.00 per session, per day

(transportation available at an additional cost upon request for those living in Etobicoke).

## CONTACT US FOR MORE INFO

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