

# January Day Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Community Events
	<p>2</p> <p>12:00-12:30- Check-in 12:30-1:00- Highlights from <b>2023</b> and wish box! (2024) 1:00- 2:30 <b>SCRAPBOOK!</b> 2:30-3:00 Clean-up!</p>		<p>4</p> <p><b>IRONCHEF</b> 12:00-12:30 Check-in 12:30-2:00 Prep &amp; Cook 2:00-2:30 Eat! 2:30-3:00 Clean up &amp; plan the next meal</p>		<p>6</p> <p>12:00-12:30 Check-in 12:30-2:00 <b>Bean Bag toss</b> 2:00-3:00- Clean-up Christmas! (Club House)</p>	<p><b>BIAYR</b> Exercise Body, Senses and brain Friday Mornings January 5<sup>th</sup> – June 28<sup>th</sup> 2024 @11am-12 pm.</p> <p>Release and Restore Yoga therapy Thursday evenings January 4<sup>th</sup> –June 27<sup>th</sup> 2024 @6-7pm</p>
	<p>9</p> <p>12:00-12:30 Check-in and Depart 12:30-2:30 <b>MOVIES</b> 2:30-3:00 Depart and arrive back at E-house</p>		<p>11</p> <p><b>IRONCHEF</b> 12:00-12:30 Check-in 12:30-2:00 Prep &amp; Cook 2:00-2:30 Eat! 2:30-3:00 Clean up &amp; plan the next meal</p>		<p>13</p> <p>12:00-12:30 Check-in 12:30- 1:30 <b>Puzzles</b> 1:30-2:30 Carom Board game 2:30-3:00</p>	
	<p>16</p> <p>12:00-12:30 Check-in 12:30-1:30 <b>Clubhouse Mind games</b> 1:30 -2:30 <b>What's in the history today</b> 2:30-3:00 Clean-up</p>		<p>18</p> <p><b>IRONCHEF</b> 12:00-12:30 Check-in 12:30-2:00 Prep &amp; Cook 2:00-2:30 Eat! 2:30-3:00 Clean up &amp; plan the next meal</p>		<p>20</p> <p>12:00 – 12:30 Check-in and Depart 12:30-2:30 <b>Museum of Illusions Toronto</b> 2:30-3:00 Depart and arrive back at E-house</p>	
	<p>23</p> <p>12:00-12:30 Check-in 12:30-2:30 <b>Bowling!</b> 2:30-3:00 Depart and arrive back at E-House</p>		<p>25</p> <p><b>IRONCHEF</b> 12:00-12:30 Check-in 12:30-2:00 Prep &amp; Cook 2:00-2:30 Eat! 2:30-3:00 Clean up &amp; plan the next meal</p>		<p>27</p> <p>12:00-12:30 Check-in 12:30-1:30 Decorating Clubhouse for <b>Valentines</b> 1:30-2:30 Brainstorming for February Calendar <b>2:30-3:00 Clean-up</b></p>	
	<p>30</p> <p>12:00-12:30 Check-in 12:30-2:30 <b>Arts and Crafts for Valentines at Club House</b> 2:30-3:00 Clean-up!</p>					<p>59 Beaver Bend Crescent Etobicoke, Ontario M9B5R2 1.800.561.9158 F 416.231.9982 E groupprograms@bayshore.ca</p>