




September Day Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Community Events
	<p>3</p> <p>12:00-12:30 Check-in 12:30-2:30 3D Wooden Puzzle 2:30-3:00 Clean-Up!</p>	 <p>IRON CHEF</p>	<p>5</p> <p>IRONCHEF</p> <p>12:00-12:30 Check-in 12:30-2:00 Prep & Cook 2:00-2:30 Eat! 2:30-3:00 Clean up & plan the next meal</p>		<p>7</p> <p>12:00-12:30 Check-in and Depart 12:30-2:30 Billiards! 2:30-3:00 Depart and arrive back at E-house</p>	<p>BIST</p> <p>Not so blue Mondays Every Monday @ 1-2:30pm Bist Office- 40 St Clair Avenue E</p> <p>Social Drop In for Men living with Brain Injury (In Person) Thursday, September 19 @6:30pm Bist office – 40 St Clair Avenue E</p>
	<p>10</p> <p>12:00-12:30 Check-in and 12:30- 1:30 Introduction to Seated Yoga and Exercises 1:30-1:45 Break time 1:45- 2:30 Bean Bag Toss 2:30-3:00 Clean up!</p>	 <p>IRON CHEF</p>	<p>12</p> <p>IRONCHEF</p> <p>12:00-12:30 Check-in 12:30-2:00 Prep & Cook 2:00-2:30 Eat! 2:00-2:30 Clean-up & plan the next meal</p>		<p>14</p> <p>12:00 -12:30 Check-in and Depart 12:30-2:30 Ukrainian Festival in Toronto @ Bloor west village 2:30-3:00 Depart and arrive back at E-house</p>	
	<p>17</p> <p>12:00-12:30 Check-in 12:30- 2:30 Fun with Recyclable Material 2:30-3:00 Clean up!</p>	 <p>IRON CHEF</p>	<p>19</p> <p>IRONCHEF</p> <p>12:00-12:0 Check-in 12:30-2:00 Prep & Cook 2:00-2:30 Eat! (BBQ) 2:30-3:00 Clean up & plan the next meal</p>		<p>21</p> <p>12:00-12:30 Check-in and Depart 12:30-2:30 The Egyptian Coptic festival @ Mississauga Square 2:30-3:00 Depart and arrive back at E-house</p>	
	<p>24</p> <p>12:00-12:30 Check-in 12:30-1:30- Lets get Creative with Shrink cards! 1:30-2:15 Jenga! 2:15-2:30 Next Month Calendar discussion 2:30-3:00- Clean-Up!</p>	 <p>IRON CHEF</p>	<p>26</p> <p>IRONCHEF</p> <p>12:00-12:0 Check-in 12:30-2:00 Prep & Cook 2:00-2:30 Eat! 2:30-3:00 Clean up & plan the next meal</p>		<p>28</p> <p>12:00-12:30 Check-in and Depart 12:30-2:30 Client's Choice 2:30-3:00 Depart and arrive back at E-house</p>	

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