

May Day Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Community Events
			IRONCHEF ¹ 12:00-12:30 Check-in 12:30-2:00 Prep & Cook 2:00-2:30 Eat! 2:30-3:00 Clean up & plan the next meal		³ 12:00-12:30 Check-in 12:30- 2:30 Mini Golf (Centennial Park Golf Centre)	<p align="center">BIAYR Neurologic Music Therapy & Medication Thursday, May 1st @10am Online For more info- www.biayr.org</p> <p align="center">Support Groups or Caregivers Tuesday May20 @ 7pm Online For more info- www.niayr.org</p>
	⁶ 12:00-12:30 Check-in 12:30-1:15 Mother's Day Card 1:30-2:00 Fun Facts & Trivia 2:00- 2:30 Nature walk		⁸ IRONCHEF 12:00-12:30 Check-in 12:30-2:00 Prep & Cook 2:00-2:30 Eat! 2:30-3:00 Clean up & plan the next meal		¹⁰ 12:00-12:30 Check-in 12:30-2:30 Outing – Dixie Mall (Client's Choice) 2:30-3:00 Depart and arrive back at E-house	
	¹³ 12:00-12:30 Check-in and 12:30-2:30 Gardening! 2:30-3:00 Clean-Up		¹⁵ IRONCHEF 12:00-12:30 Check-in 12:30-2:00 Prep & Cook 2:00-2:30 Eat! 2:30-3:00 Clean up & plan the next meal		¹⁷ 12:00 -12:30 Check-in 12:30-2:30 Billiards! 2:30-3:00 Depart and arrive back at E-house	<p align="center">BIST Not so Blue Mondays Every Monday @ 1-2:30 pm BIST Office 40 St. Clair Avenue E</p>
	²⁰ 12:00-12:30 Check-in 12:30- 1:15 Ice cream Stick craft (Small bird house) 1:30-2:00 Painting Bird house 2:00- 2:30 Calendar Discussion		²² IRONCHEF 12:00-12:0 Check-in 12:30-2:00 Prep & Cook 2:00-2:30 Eat! 2:30-3:00 Clean up & plan the next meal		²⁴ 12:00-12:30 Check-in and Depart 12:30-2:30 Gardiner Museum (\$15) 2:30-3:00 Depart and arrive back at E-house	
	²⁷ 12:00-12:30 Check-in 12:30-2:30- Archery! @ Rawlinson Park 11715 Leslie St. Richmond Hill (1pm- 3pm)		²⁹ IRONCHEF 12:00-12:0 Check-in 12:30-2:00 Prep & Cook 2:00-2:30 Eat! (BBQ) 2:30-3:00 Clean up & plan the next meal		³¹ 12:00-12:30 Check-in and Depart 12:30-2:30 Picnic at Cliff Lumsdon park 2:30-3:00 Depart and arrive back at E-house	

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